

Stars & Stripes Golf Coaching Club -

March 2025

Schedule of Clinics & Practices

WEEKLY TOPIC	CLUB NEEDED	Tuesday	Wednesday	Thursday	Friday	Supervised Practice	
						Saturday	Sunday
						1	2
3 Welcome Back Week Ask the Pro...	4 10:00 - 11:00 ANY	5 10:00 - 11:00	6 4:30-5:30 6:00-7:00	7 9:30 -10:30	8 11:30 - 12:30 1:00 - 2:00	9 2:00 - 3:00 *dst starts	
10 Fundamentals - Preparing to Play	11 10:00 - 11:00 SW, 8 IRON	12 10:00 - 11:00 HYB, DRIVER	13 4:30-5:30 6:00-7:00	14 9:30 -10:30	15	16	
17 Getting Started - Posture/Grip/Alignment	18 10:00 - 11:00 MID IRON	19 10:00 - 11:00	20 4:30-5:30 6:00-7:00	21 9:30 -10:30	22 11:30 - 12:30 1:00 - 2:00	23 2:00 - 3:00	
24 Chipping - Set up & Technique	25 10:00 - 11:00 WEDGE	26 10:00 - 11:00	27 4:30-5:30 6:00-7:00	28 9:30 -10:30	29	30	

April 2025

WEEKLY TOPIC	CLUB NEEDED	Tuesday	Wednesday	Thursday	Friday	Supervised Practice	
						Saturday	Sunday
31 Supervised Practice	1 Spring Break ANY	2 Spring Break	3 4:30-5:30 6:00-7:00	4 9:30 -10:30	5 11:30 - 12:30 1:00 - 2:00	6 2:00 - 3:00	
7 The Backswing - Takeaway & Top	8 10:00 - 11:00 MID IRON	9 10:00 - 11:00	10 4:30-5:30 6:00-7:00	11 9:30 -10:30	12	13	
14 Putting - Grips & Stroke	15 10:00 - 11:00 PUTTER	16 10:00 - 11:00	17 4:30-5:30 6:00-7:00	18 9:30 -10:30	19 11:30 - 12:30 1:00 - 2:00	20 Easter	
21 The Transition - Squat to Square	22 10:00 - 11:00 MID IRON	23 10:00 - 11:00	24 4:30-5:30 6:00-7:00	25 9:30 -10:30	26	27	
28 Pitching - No Hinge vs. Hinge	29 10:00 - 11:00 LW OR SW	30 10:00 - 11:00					

May 2025

					Supervised Practice	
	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
Pitching - No Hinge vs. Hinge	LW OR SW		4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
5	6	7	8	9	10	11
The Downswing - Impact & Followthrough	10:00 - 11:00 MID IRON	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		Mother's Day
12	13	14	15	16	17	18
Putting - Controlling Distance	10:00 - 11:00 PUTTER	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
19	20	21	22	23	24	25
Chipping - Club Selection & Distance	10:00 - 11:00 SW, 8 IRON	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		
Memorial Day 26	27	28	29	30	31	
Bunker Shots - Greenside*	10:00 - 11:00 SW	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	

* - Meet at practice bunker by 10th tee

June 2025

					Supervised Practice	
	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
						2:00 - 3:00
2	3	4	5	6	7	8
Full Swing - The Weight Shift	10:00 - 11:00 MID IRON	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		
US Open Week 9	10	11	12	13	14	15
Specialty Shots - Hitting from Rough	10:00 - 11:00 PW,8,HYB	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	Father's Day
16	17	18	19	20	21	22
Putting - Reading Break	10:00 - 11:00 PUTTER	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		
23	24	25	26	27	28	29
Common Flaws - Early Extension	10:00 - 11:00 MID IRON	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00

July 2025

	Tuesday	Wednesday	Thursday	Friday	Supervised Practice	
					Saturday	Sunday
30	1	2	3	4	5	6
Fundamentals - Pre-shot Routine	10:00 - 11:00 ANY	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30 Independence Day		
7	8	9	10	11	12	13
Uneven Lies Ball Above/Below Feet	10:00 - 11:00 MID IRON/HYB	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
14	15	16	17	18	19	20
Uneven Lies - Uphill & Downhill	10:00 - 11:00 MID IRON/HYB	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		
21	22	23	24	25	26	27
Ask the Pro...	ANY		4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
28	29	30	31			
Short Game - The "Clock" Swings	10:00 - 11:00 ALL WEDGES	10:00 - 11:00	4:30-5:30 6:00-7:00			

August 2025

	Tuesday	Wednesday	Thursday	Friday	Supervised Practice	
					Saturday	Sunday
1				1	2	3
Short Game - The "Clock" Swings	ALL WEDGES			9:30 -10:30		
4	5	6	7	8	9	10
Bunker Shots - Fairway	10:00 - 11:00 MID IRON/HYB	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
11	12	13	14	15	16	17
Specialty Shots - The Knockdown	10:00 - 11:00	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		
18	19	20	21	22	23	24
Full Swing - Path vs. Plane	10:00 - 11:00 MID IRON	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
25	26	27	28	29	30	31
Full Swing - Turning for Power/Speed	10:00 - 11:00 7i or longer	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30		

September 2025

					Supervised Practice		
		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Labor Day	1	2	3	4	5	6	7
Putting - Drills for Success		PUTTER				11:30 - 12:30 1:00 - 2:00	2:00 - 3:00
8	9	10	11	12	13	14	
Drills & Thrills Making Practice Exciting	10:00 - 11:00	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30			
	SW,Mid,HYB	Driver					
15	16	17	18	19	20	21	
Full Swing - "The Big Dog"	10:00 - 11:00	10:00 - 11:00	4:30-5:30 6:00-7:00	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00	
	DRIVER						
22	23	24	25	26	27	28	
Specialty Shots - Shaping your ballflight	10:00 - 11:00	10:00 - 11:00	4:30-5:30 6:00-7:00				
	MID IRON						
29	30						
Rules of Golf - Taking Proper Relief	10:00 - 11:00						
	NONE						

October 2025

					Supervised Practice		
		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rules of Golf - Taking Proper Relief		NONE	1 10:00 - 11:00	2 4:30-5:30 5:45-6:45*	3 9:30 -10:30	4 Overseeding	5 Overseeding
6	7	8	9	10	11	12	
Pitch and Roll - 20 yds to green	10:00 - 11:00	10:00 - 11:00	4:30-5:30 5:45-6:45*	9:30 -10:30			
	WEDGES						
13	14	15	16	17	18	19	
Short Game - Flop Shot & Hybrid Chip	10:00 - 11:00	10:00 - 11:00	4:30-5:30 5:30-6:30*	9:30 -10:30	11:30 - 12:30 1:00 - 2:00	2:00 - 3:00	
	LW/SW,HYB						
20	21	22	23	24	25	26	
Cold Weather Adjustments- Preparing for Fall Golf	10:00 - 11:00	10:00 - 11:00	4:30-5:30	9:30 -10:30			
27	28	29	30	31	*time change		
Course Management	10:00 - 11:00	10:00 - 11:00	4:30-5:30	9:30 -10:30			
	NONE						

November 2025

	Tuesday	Wednesday	Thursday	Friday	Supervised Practice	
					Saturday	Sunday
					1 11:30 - 12:30 1:00 - 2:00	2 2:00 - 3:00
3 Full Swing - Dynamic Sequence	4 10:00 - 11:00 ANY	5 10:00 - 11:00	6 4:00-5:00	7 9:30 -10:30	8	9
10 Putting - Member Challenge	11 10:00 - 11:00 PUTTER	12 10:00 - 11:00	13 4:00-5:00	14 9:30 -10:30	15 11:30 - 12:30 1:00 - 2:00	16 2:00 - 3:00
17 Ask the Pro	18 10:00 - 11:00 ANY	19 10:00 - 11:00	20 4:00-5:00	21 9:30 -10:30	22	23
24	25	26	27 Happy Thanksgiving!	28	29	30

December 2025

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Drills for Winter Success	2 2:30 - 3:30	3 10:00 - 11:00	4 4:00-5:00 6:00-7:00	5 9:30 -10:30	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Merry Christmas!	26	27	28